

Volleyball 2018 General Information

1. **August Practices** - August practices and games are mandatory. If you do not attend try outs the week of August 1, you will not be able to play volleyball for the 2018 season. You will not be able to join volleyball on the first day of school.
 - a. To try out, Junior High and High School athletes must be in spring offseason during the athletic period for the 2017-2018 school year. This information was in the 2017-2018 Course Selection Book when your daughter registered for classes.
2. **Physicals** - All physicals and forms are to be turned in to Doc Carroll by June 1, 2018. Athletes can not participate in two-a-days with out a physical.
3. **August 1-2, 2018 – Mandatory Practices** – Practice times will be between the hours of 9am – 3pm. A detailed schedule will be sent out later.
4. **August 3 – Scrimmage at Montgomery HS** (starting at 9am)
5. **August 4 – Scrimmage at Bryan HS** (starting at 9am)
6. **August 7 – Regular season begins**
7. **On Time** – We are big about being on time. Always arrive 15 to 20 minutes early. Athletes will run for being late for practice, games, or team events.
8. **Practices and Athletic Periods** –Athletes are expected to attend **every** practice, game and be in athletics each day. Even if the athlete is injured, she will be there. Athletes can be suspended from games or have some form of a consequence for attendance issues.
9. **Weekly Schedule** – A weekly practice and game schedule will be emailed out to all parents each week during volleyball season.
10. **Parent and Athlete Meeting** – The volleyball parent meeting will be on Wednesday August 1, 2018 at 5:30pm in the WHS cafeteria. **Parents and athletes** need to attend the meeting.
11. **School Year Practice** – All freshman and Junior Varsity teams will be out of practice by 5pm each day. The Varsity team may practice to 5:30pm. During season on Wednesday only, all teams will be out by 4:30pm.
12. **What to bring and wear the 1st week of practice:** court shoes, running shoes, knee pads, athletic shorts and t-shirt, sports bra, ankle braces, comfortable socks, a lunch, and healthy snacks. Water will be provided.
13. **Teams** - Teams will be posted/announced by Friday August 3. Cuts will be made in the 9th – 12th grades. Teams are never set in stone during the season. Athletes can be moved from team to team as per coach decision.
14. **Clothes and Lockers** – volleyball equipment and lockers will not be issued to underclassmen until teams are posted.
15. **Email Address** – JH & HS Parents - please email Coach Williams at jwilliams4@wallerisd.net with your email address, contact information, and name of your child.
 - a. ALL PARENTS NEED TO EMAIL COACH WILLIAMS, I need to save all email addresses.